

FREE LIFE COACHING COURSE

FOR POLISH WOMEN IN REDDITCH

How to become
more
confident?

How to change
my life?

How to make
friends?

How to achieve
my goals?

Where to turn
for help?

How to stop
worrying and
manage
stress?

What things can
I do in
Redditch?



For answers book a place on this 7 weeks long course, meet new friends, access support and information about all services available to you and your family.

Start Mon 2nd Nov 2015, 12.30-14.30 in Polish Club.

Free crèche available. No of places on the course is limited.

For more information and bookings in Polish
call: **07966 464 708**